

July 1st - 7th

Regency Retirement Village

| MEAL | Sunday 1st | Monday 2nd | Tuesday 3rd | Wednesday 4th | Thursday 5th | Friday 6th | Saturday 7th |
|---|--|---|---|--|---|--|---|
| B R E A K F A S T | ♥*Hot & Cold Cereal ♥*Eggs *Bacon *Sausage Pancakes Biscuits Country Gravy ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs *Bacon Muffins ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs *Sausage Pastries Muffins ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs *Bacon *Sausage Biscuit Country Gravy ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs * Bacon Pancakes w/ fruit ♥*English Muffins ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs *Bacon Muffins ♥*Fruit Juices | ♥*Hot & Cold Cereal ♥*Eggs Sausage Tater Tots Muffins ♥*Fruit Juices |
| L U N C H | Fried Chicken Meatloaf ♥*Chuckwagon Corn Mashed Potatoes ♥*Green Beans ♥*Yellow Squash Butterfinger Cake | Chicken & Cheese Enchilada Spanish Rice ♥*Black Beans & Corn ♥ Beef w/peppers & onions ♥*Baked Potato ♥*Peas and Onions Coconut Pie | Beef Brisket Roasted Potatoes ♥*Broccoli & Rice Casserole Breaded Baked Cod ♥*Cauliflower w/cheese on side Sauteed Spinach Boston Cream Pie | Grilled Burgers w/trimmings Grilled Hot dogs w/chili & trimmings Seasoned Curly Fries Corn on Cob Macaroni Salad (on Bar) Broccoli Salad (on Bar) Red white & Blue layer cake | Seasoned Turkey Pork Cutlet Corn Casserole Sweet Potato Green Beans Dressing w/ Gravy Devised Eggs Cranberry Sauce Lemon Meringue Pie | BBQ Boneless Wings Fries Cole Slaw Catfish Fried Okra Green Beans Assorted Fudge | Beef Tips w/mushroom gravy Rice Pilaf ♥*Grilled Chicken ♥*Vegetable Medley ♥*Roasted Yellow Squash Roasted Potatoes Peach Shortcake |
| A L T | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner | Salad Bar for Lunch and Dinner |
| D I N N E R | Corn Chowder BLT or Bologna Sandwich Fries Carrot Sticks Red Velvet Cake w/cream cheese icing | Broccoli & Cheese Soup Chopped Steak Creamed Potatoes ♥*French Style Green Beans Asst. Desserts | Minestrone Soup Ham & Cheese on Bun Lettuce, tomato, onion Chips Fresh Vegetables Cookies | ♥*Clam Chowder Italian Sausage Cannelloni w/marinara sauce Bread Sticks Steamed Whole Beans Ambrosia | Loaded Potato Soup *Beef Pot Pie ♥*Broccoli w/cheese ♥*Fresh Vegetables w/ dip Fresh Fruit | *Tomato Basil Soup Grilled Cheese Seasoned Fries Veggie Sticks Raspberry Poke Cake | ♥*Pinto Beans *Lightly Breaded Pork Chop Fried Potatoes ♥*Turnip Greens ♥*Baked Apples |

Regular Menus: Ordering for Pick up or Delivery
 Orders must be received by:
 Breakfast 8am Lunch 11am Dinner 4pm

Alternative Menus: Ordering for Pick up or Delivery
 Orders must be received by:
 Lunch 9:30am Dinner 2:30pm

Call or Come by the Front Desk to order 581-7075

♥Heart Healthy Choice *Diabetic Choice